

The world is changing: Everything is complex, fast-paced and globalized. Especially the younger generations are facing interconnected obstacles. It's time to take action. During IBC you will find out how your work can have more impact in your community and becomes easier for you and your team. Impulse Boost Camp teaches relevant moderation, communication and project creation skills of today's professional world. With modern coaching methods you will reflect upon your personal development and find out what you have to do in order to realise your future plans. We offer an international network full of opportunities and impulses to upgrade your contribution to the world.

## In short.

- 20 young multipliers from at least 5 different countries
- methods of non formal education useful to
  - ... be a professional multiplier for your community
  - ... create a positive atmosphere for team work
  - ... prevent and solve communication conflicts
  - ... boost your personal development
  - ... create visions of the society you want to live in
  - ... work and life in an intercultural context
  - ... find out how you want to contribute to society
- 3 professional trainers who are active in civil society
- a sustainable and ecological week
- take home with you all results captured in a method reader

## Requirements for participants.

- activity as a multiplier in your community (youth worker, voluntary active, project experience...)
- good English level (B2 +)
- intercultural sensitivity
- motivation to learn and to share your own experiences and knowledge
- motivation to spread good vibes and to take



## Costs for participants.

- 40 to 70 Euro depending on your income and your country of residence
- food, accommodation and seminar costs included
- refund of travel costs according to Erasmus + standards after seminar

*\* If you hesitate to apply due to your financial situation, please contact us.*

## Who we are.

### ifzw impulsstiftung and asa-ff e.v.

We believe that a new world can only be build together. We are very grateful to be able to work with a constantly growing, diverse, cross-sectorial international community. Our private foundation ifzw impulsstiftung is located in Zwickau, Saxony. Our partner, asa-ff e.v. is located in Berlin and Chemnitz, Saxony.

**Marie Nele Wolfram**, project coordinator and trainer of IBC. As a former member of the city council of her hometown, Nele is a youth-trainer for political activism. She has been active in work against rightwing populism for many years. Nele studies International Relations and has lived in the USA, Paris and Burundi until she moved to Berlin where she works for the Foreign Ministry.

**Thomasch Georgi**, coach and trainer for personal development. He lives in Berlin where he works as a coach and streetworker in a social project to support youngsters to solve their problems and find a way back in society. In 2004 he founded a small company, "Die JugendTrainer". He gives seminars on personal development, teamwork, win-win-solutions and how to create a successful and fulfilled life.

### Franz Knoppe,

trainer and facilitator for global learning. He worked for programmes of the federal Ministry for Economic Cooperation and Development Germany (BMZ), e.g. [www.asa-programm.de](http://www.asa-programm.de). He founded the national theatre festival Unentdeckte Nachbarn in 2016. Abroad he worked in a peace project in Israel/Palestine and in a development project Bangladesch. Franz likes to organise organisations.

	Saturday, July 7th	Sunday, July 8th	Monday, July 9th	Tuesday, July 10th	Wednesday, July 11th	Thursday, July 23th	Friday, July 13th	Saturday, July 14th	Saturday, July 15th
08:30 - 09:30	Breakfest								
09:30 - 10:00	Arrival	Check In Learning Journal	Check In Learning Journal	Check In Learning Journal	Trip to Dresden or Leipzig: Meet-Up with an influential NGO	Check In Learning Journal	Check In Learning Journal	Check In Learning Journal	Check Out
10:00 - 13:00		What do I want to learn? What are the goals of the seminar? What do I contribute?  Getting to know your leadership journey	Learn from each other: How do communitites use digital tools to face current challenges?	Democracy & Values: In which world do you want to live? How can european history and values help?		Bar Camp on Digital Co-Creation: Sharing Best Practices	Parking Lot and Open Space: Talk about what is still missing	Awareness of the body practices	Taking it home: Evaluation and Youth Pass
13:00 - 15:00	Lunch and Open Space								
15:00 - 18:00	Arrival & Welcome Bingo	Coaching: How to find your role in teams? Getting to know team roles and your strenghts in team work  How can I develop regarding public speaking and presenting? (Part I)	Sculpturing: How to handle difficult situations?	Walt Disney Method: Creative Solution Finding	Post-colonial city tour	How can I develop regarding public speaking and presenting? (Part II)  No-Misunderstanding Communication: Appreciative Inquiry	Global Learning: Reflecting the own privileges	Me and my vision of a better world: Dreaming Journey and Flow Writing	Departure
18:00 - 19:30	Dinner								
19:30 - 21:00	Café International: Welcome & Get to know each other	Teambuilding-Evening	freetime	Short Movie Night	Visiting a local art festival	Open Space	freetime	International Dinner	



## Participating Organisations.

YouthCan, Tunisia  
 YMCA, Romania  
 Yucel Cultural Foundation, Turkey  
 ASA-FF e.V., Germany  
 Love Foundation, Netherlands  
 Pangeya Ultima, Ukraine

